



CRITICAL INJURY FIRST AID PROFICIENCY TESTING RECORD

Curriculum Code BAS-045

STUDENT NAME: _____ SCHOOL NAME: _____ SCHOOL NO.: _____

		Enter P or F Only	
SPO	ACTION	TEST #1	TEST #2
#2	DEMONSTRATE HOW TO APPLY A TOURNIQUET		
	Student will demonstrate proficiency in applying a tourniquet to all the following areas:		
	Their own arm		
	Their own leg		
	Another student's arm		
	Another student's leg		
	Tourniquet placement		
	Take Body Substance Isolation (BSI) precautions and apply (or verbalize the use of) gloves		
	The tourniquet can be applied over their clothes; however, the instructor should ensure that any equipment (e.g., coat, body armor) or personal items (e.g., items in pockets) that impede access should be removed		
	The tourniquet should be tightened until pulses can no longer be felt		
	The student should document the time the tourniquet was placed		
	Reassess for bleeding		
#4	DEMONSTRATE JUNCTIONAL HEMORRHAGE CONTROL		
	Take Body Substance Isolation (BSI) precautions and apply (or verbalize the use of) gloves		
	Assess the situation		
	Determine what type of hemorrhage control is needed		
	Pack the wound with gauze or hemostatic gauze		
	Secure pressure dressing		
	Hold direct pressure for a minimum of three minutes, if possible		
#5	DEMONSTRATE AIRWAY MANAGEMENT AND USE OF RECOVERY POSITION/POSITION OF COMFORT		
	Use the head tilt/chin lift maneuver to open the person's airway		
	Extend the arm nearest to you at a right angle to the person's body with the palm facing up		
	Take the person's other arm, folding it and pressing it to the cheek closest to you. Hold it in place		
	Use your other hand to bend the person's knee (furthest from you) to a right angle		
	Roll them to their side by pulling gently on the bent knee. Their bent arm supports their head and the other arm prevents you from rolling them too far		
	Ensure person's bent leg is at a right angle		
	Tilt the person's head back and lift their chin to open their airway		
#6	DEMONSTRATE PROFICIENCY IN ALL CRITICAL INJURY FIRST AID COURSE TOPICS THROUGH HANDS-ON SCENARIOS		
	Demonstrate appropriate medical response		
	Include two or more of the practical SPOs		
	Display ethical and critical decision-making skills as they relate to the following		
	Assessing the situation		
	Assessing the person		
	Assessing their available resources		
	Analyzing possible solutions		
	Selecting the best way to manage the situation and person		
	Developing a plan of action		
	Initiating a plan of action		
	Reassessing the response of the person to the plan of action		
Make any needed adjustments to the plan of action while getting the person to definitive medical care			
Verbalize patient evacuation plan pertinent to their area/agency			

INSTRUCTOR SIGNATURE

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COMMANDER / ADMINISTRATOR SIGNATURE: _____ DATE: _____

NO STAMPS / ORIGINAL SIGNATURES ONLY